

READY TO TALK TO YOUR DOCTOR ABOUT DUPIXENT[®] (dupilumab)?

Chronic spontaneous urticaria (CSU), also known as chronic hives with no known cause, can be unpredictable and frustrating to manage. Consider asking a specialist like a dermatologist or allergist if DUPIXENT could help you get ahead of symptoms. **Print this guide and bring it to your next appointment.**

LIVING WITH CSU

Answering these questions can help your doctor better understand how CSU has impacted you.

1. Have you had itchy raised bumps (welts) on your skin and/or sometimes swelling (angioedema) that often occurs around the eyes and lips, for more than 6 weeks? Yes ☐ No ☐
2. Do your hives usually go away in less than 24 hours? Yes ☐ No ☐
3. After your hives go away, do you notice that your skin returns to its normal appearance? Yes ☐ No ☐
4. Do your hives happen on their own and without any clear cause like pressure, cold, heat, or other triggers? Yes ☐ No ☐

INDICATION

DUPIXENT is a prescription medicine used to treat adults and children 2 years of age and older with chronic spontaneous urticaria (CSU) who continue to have hives that are not controlled with H1 antihistamine treatment. **DUPIXENT is not used** to treat any other forms of hives (urticaria). It is not known if DUPIXENT is safe and effective in children with CSU under 2 years of age, or who weigh less than 11 pounds (5 kg).

IMPORTANT SAFETY INFORMATION

Do not use if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

Need help managing CSU symptoms?

Learn more at [DUPIXENT.com/CSU](https://www.dupilumab.com/CSU)

Please see additional Important Safety Information for DUPIXENT throughout. Please see accompanying full [Prescribing Information](#) including [Patient Information](#).

DUPIXENT[®] 
(dupilumab) Injection
200mg • 300mg

SHARE YOUR EXPERIENCE

Fill out the questions below to help your doctor understand how CSU has affected you or your loved one.

How has living with CSU impacted you or your loved one?

EXAMPLE: My son's flare-ups are so bothersome. He often worries about how he will manage them.

WHAT'S WORKING? WHAT'S NOT?

Let your doctor know about everything you or your loved one have used to manage CSU.

Have you or your loved one tried any of the following? Check all that apply, and note frequency of use.

	Never	Weekly	Biweekly	Monthly	A few times a year
Antihistamines: _____ _____	☐	☐	☐	☐	☐
Steroids: _____ _____	☐	☐	☐	☐	☐
Immunosuppressants: _____ _____	☐	☐	☐	☐	☐
Other prescription medicines: _____ _____	☐	☐	☐	☐	☐
Over-the-counter medicines: _____ _____	☐	☐	☐	☐	☐
Other therapies (eg, supplements): _____ _____	☐	☐	☐	☐	☐

IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.

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COULD DUPIXENT BE THE NEXT STEP?

If your antihistamine isn't doing enough to relieve your CSU (chronic spontaneous urticaria), also known as chronic hives with no known cause, it may be time to try something else. Take a moment to reflect on why you or your loved one are considering a different approach.

Symptom control could mean...

EXAMPLE: My flare-ups are less severe.

QUESTIONS TO ASK YOUR DOCTOR

1 How effective is DUPIXENT at treating CSU?

2 How is DUPIXENT administered?

3 When can I expect to see results on DUPIXENT?

4 What are the benefits and side effects of DUPIXENT?

5 How do I get started with DUPIXENT?

6 What resources and support are available?

IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you: (cont'd)

- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
 - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Especially tell your healthcare provider if you are taking oral, topical, or inhaled corticosteroid medicines or if you have CSU and asthma and use an asthma medicine. **Do not** change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.

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IMPORTANT SAFETY INFORMATION (cont'd)

DUPIXENT can cause serious side effects, including:

- **Allergic reactions.** DUXENT can cause allergic reactions, including skin reactions, that can sometimes be severe. Stop using DUXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, skin rash, including rash that looks like a bullseye or painful red or blue bumps under the skin, general ill feeling, itching, swollen lymph nodes, nausea or vomiting, joint pain, or cramps in your stomach area.
- **Joint aches and pain.** Some people who use DUXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUXENT if you develop joint symptoms.

The most common side effects in patients with chronic spontaneous urticaria include injection site reactions.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Use DUXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUXENT. **Do not** try to prepare and inject DUXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUXENT be administered by or under supervision of an adult. In children 2 years to less than 12 years of age, DUXENT should be given by a caregiver.

Please see accompanying full [Prescribing Information](#) including [Patient Information](#).

For more information, visit DUPIXENT.com/CSU

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