



## CREATE YOUR COPD DOCTOR VISIT CHECKLIST

Take this document with you to the doctor to help you or your loved one talk to your pulmonologist about DUPIXENT.

### Question 1 of 5

**In the last 3 months, have you experienced difficulty breathing, persistent cough or phlegm, or wheezing?**

- No never
- Rarely, or when I have a cold
- Yes, a few days a month
- Yes, most days of the week
- Yes, every day

#### DID YOU KNOW?

COPD is a chronic and progressive disease. Worsening symptoms may be signs of a flare-up. Even one flare-up can lead to lung function decline.

### Question 2 of 5

**How often do you experience the impacts of COPD on your life?**

- Never/Rarely
- Sometimes
- Often
- Very often

#### DID YOU KNOW?

Research has shown that Type 2 inflammation may be a cause of COPD. There is a blood test your doctor can conduct to check whether you have this type of inflammation present within your body.

### Question 3 of 5

**My current treatment plan includes the following:**

- |  |  |
|--|--|
| <input type="checkbox"/> Inhaled corticosteroids (ICS) | <input type="checkbox"/> Antibiotics     |
| <input type="checkbox"/> Bronchodilator                | <input type="checkbox"/> Oxygen therapy  |
| <input type="checkbox"/> Other inhalers                | <input type="checkbox"/> Pulmonary rehab |
| <input type="checkbox"/> Oral steroids                 | <input type="checkbox"/> Biologic        |
|  | <input type="checkbox"/> Other           |

### INDICATION

DUPIXENT is a prescription medicine used with other medicines for the maintenance treatment of adults with inadequately controlled chronic obstructive pulmonary disease (COPD) and a high number of blood eosinophils (a type of white blood cell that may contribute to your COPD). DUPIXENT is used to reduce the number of flare-ups (the worsening of your COPD symptoms for several days) and can improve your breathing. **DUPIXENT is not used** to relieve sudden breathing problems and will not replace an inhaled rescue medicine. It is not known if DUPIXENT is safe and effective in children with COPD under 18 years of age.

### IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUPIXENT®.

**Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:**

- have eye problems.
- have a parasitic (helminth) infection.

Please see full [Prescribing Information](#) including [Patient Information](#).



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### Question 4 of 5

**Have you been prescribed antibiotics or oral steroids at least twice in the last year due to your COPD?**

- Yes  
 No

### Question 5 of 5

**Have you been hospitalized or gone to the ER or urgent care in the last 12 months due to your COPD? (This could be a sign your COPD is uncontrolled.)**

- Yes  
 No

### IMPORTANT SAFETY INFORMATION (CONT'D)

- are scheduled to receive any vaccinations. You should not receive a “live vaccine” right before and during treatment with DUPIXENT.
- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Especially tell your healthcare provider if you** are taking oral, topical, or inhaled corticosteroid medicines or have COPD and also have asthma. **Do not** change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.

#### DUPIXENT can cause serious side effects, including:

- **Allergic reactions.** DUPIXENT can cause allergic reactions, including skin reactions, that can sometimes be severe. Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, skin rash, including rash that looks like a bullseye or painful red or blue bumps under the skin, general ill feeling, itching, swollen lymph nodes, nausea or vomiting, joint pain, or cramps in your stomach area.
- **Eye problems.** Tell your healthcare provider right away if you have any new or worsening eye problems, including eye pain or changes in vision, such as blurred vision. Your healthcare provider may send you to an ophthalmologist for an exam if needed.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

**The most common side effects in patients with chronic obstructive pulmonary disease include** injection site reactions, common cold symptoms (nasopharyngitis), high count of a certain white blood cell (eosinophilia), viral infection, back pain, inflammation inside the nose (rhinitis), diarrhea, stomach problems (gastritis), joint pain (arthralgia), toothache, headache, and urinary tract infection.

Please see full [Prescribing Information including Patient Information](#).



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## QUESTIONS TO ASK YOUR DOCTOR:

- ✓ What are my testing options to evaluate my COPD?
- ✓ What are the results of DUPIXENT and how does it work differently than my other medications?
- ✓ What's the treatment plan with this medication? What are the expected goals?
- ✓ How much does it cost, is there a cost-assistance program, and how do I find out if I'm covered?

## Notes:

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## Appointment Goals:

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### IMPORTANT SAFETY INFORMATION (CONT'D)

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider.

Please see full [Prescribing Information](#) including [Patient Information](#).



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