

INDICATION: DUPIXENT is a prescription medicine used as an add-on maintenance treatment in adults and children 6 years of age and older who have moderate-to-severe eosinophilic or oral steroid dependent asthma that is not controlled with their current asthma medicines. **DUPIXENT is not used** to treat sudden breathing problems and will not replace an inhaled rescue medicine.

IMPORTANT SAFETY INFORMATION: Do not use if you are allergic to dupilumab or to any of the ingredients in DUPIXENT®.

Practice Your DETECTIVE SKILLS

Hey, kids! Over the next few pages, you'll discover search-and-finds, drawing prompts, places to fill in the blank, and other fun surprises. Be sure to come back to your favorite pages any time you want to practice your skills or have some detective-style fun.

Hey, grownups! The following activities are designed to help kids ages 6-11 currently on treatment with DUPIXENT learn more about asthma and build their confidence with treatment. Each activity has a suggested age range, but children of all ages should feel free to participate.

Hidden Letter Hunt

Remember your mission from the beginning of the book? Detective Sharp-Eye missed a lot of clues in the story, but you probably didn't! **Fill in the blanks below with the letters hiding on each page to decode a secret message.**

Think you've decoded the message? Check your answer on page 8.
Ages 6-11



pg. 13

pg. 3

pg. 4

pg. 11

pg. 5

pg. 10

pg. 2



pg. 1

pg. 6

pg. 12

pg. 9

pg. 7

pg. 8

Uncover what **YOU CAN DO**

DUPIXENT can help kids like you **DU MORE** of what they love. Fill in the blanks below to **uncover what could be possible with less asthma.**

Ages 9-11

1. Hi, my name is _____ ,
(Name)
and I am _____ years old.
(Age)
2. I have asthma, but that doesn't stop me from _____
(Thing you like to do)
3. Sometimes, asthma makes me feel _____ ,
(Adjective)
but I know I can handle it because I am _____ .
(Adjective)
4. My medicine helps me feel _____ so I can play and have fun.
(Adjective)
5. I'll keep taking care of my asthma and take my medication because I really want to _____ .
(Thing you want to do)
6. I always remember that I am _____ and asthma will never stop
(Your strength)
me from _____ !
(Verb)

IMPORTANT SAFETY INFORMATION: Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you: have a parasitic (helminth) infection; are scheduled to receive any vaccinations. You should not receive a “live vaccine” right before and during treatment with DUPIXENT; are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby. A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby; are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

DUPIXENT®
(dupilumab) Injection
200mg • 300mg

Please see additional Important Safety Information throughout and the accompanying full Prescribing Information including Patient Information.

Spot the SNEAKY TROUBLEMAKERS

When you have asthma, some things can make your symptoms worse.

Look back at the spring festival scene in the story (p.6) to see if you can find some common asthma triggers.

Ages 6-11

For helpful hints, see page 9 of these activities.

First, hunt for these things:



Next, test your detective skills and see if you can find these items:



A crying child



A group of people doing a color run



A woman using a spray cleaner



A man opening a big freezer



Smoke billowing out of a food truck



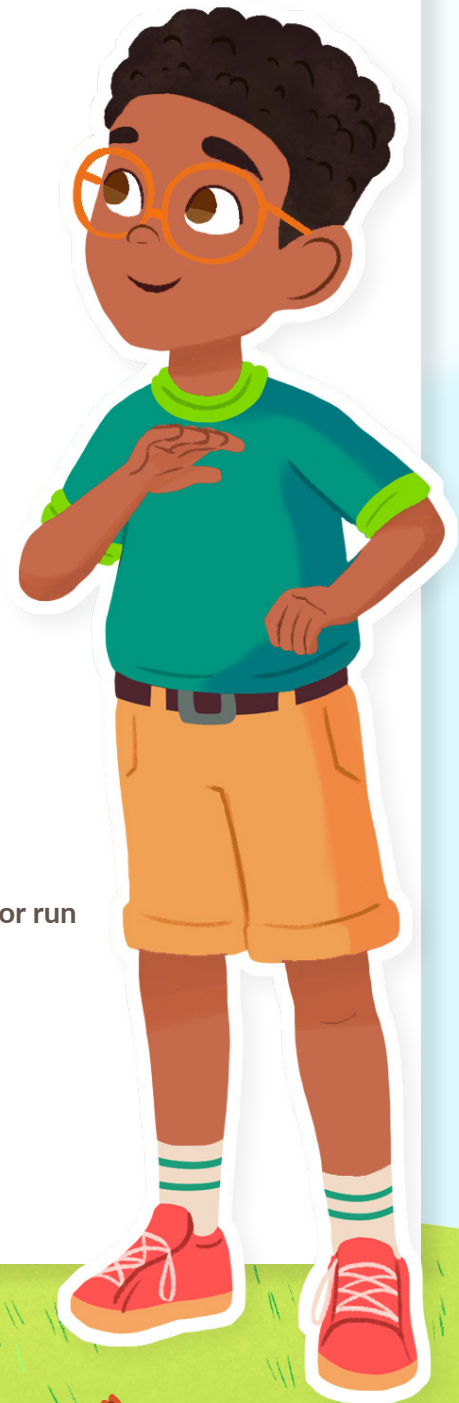
A cat knocking down an item



A dusty old lamp for sale



A woman spraying bug spray



Top-Secret

“STICK WITH IT” SHAKE

Taking care of your asthma is a team mission between you and your grownup. **Create a one-of-a-kind (and super cool) secret handshake that the two of you can do to celebrate staying on track.**

To get started, try out some of the hand motions below and combine them however you like. If you want to make it extra secretive, come up with your own special moves to add to the handshake. It can be as long or as short as you want.

Ages 6-11



The 'Square'



The 'Share the Love'



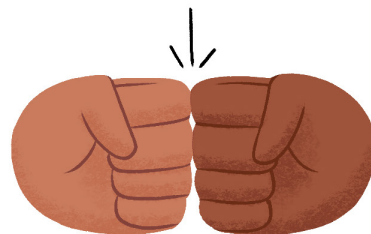
The 'Pinky Promise'



The 'I've Got You'



The 'High Five'



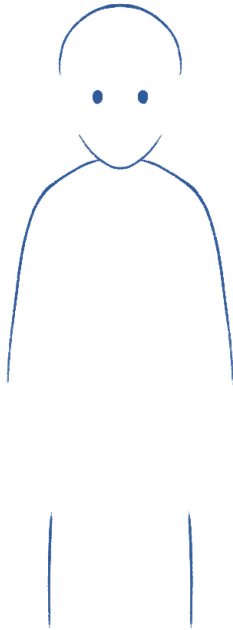
The 'Fist Bump'

Draw the DETECTIVE

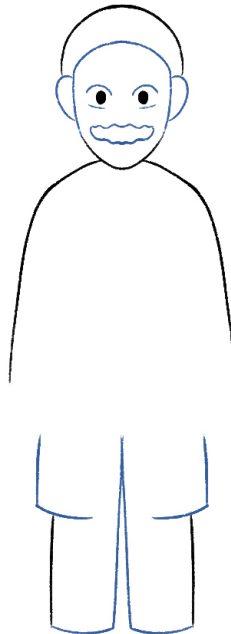
Create your own version of Detective Sharp-Eye on a separate sheet of paper using this step-by-step guide.

Ages 6-11

1.



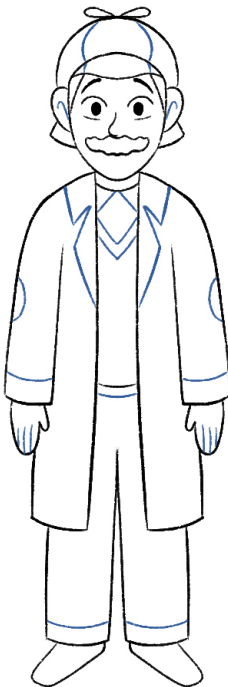
2.



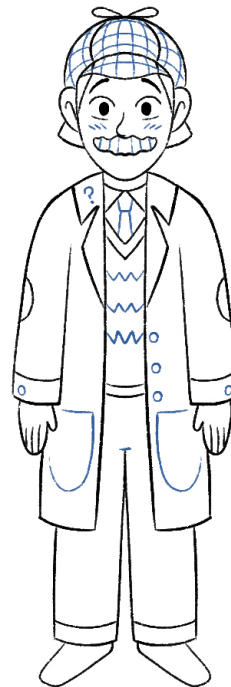
3.



4.



5.



6.



Track how asthma MAKES YOU FEEL

Just like Sam and Mia, you can use your own detective skills to keep track of your asthma. Noticing and writing down clues about your asthma can help your doctor understand you better.

Your Mission:



Look for Clues – When do you cough, wheeze or feel short of breath?



Find the Suspects – What was happening around you?



Record your Evidence – Write or draw what happened in your special detective notebook (or use your DUPIXENT tracker!)



Report to HQ – Share your clues with your doctor or a grown-up so they can help you crack the case.

Don't be afraid to ask a grownup for help if you need it. Share your report with them each time you take DUPIXENT, so that you don't miss any changes in your asthma.

What clues have you gathered so far? Write them below, then continue in your own detective notebook. You can also ask your grownup to help you add them to your DUPIXENT symptom tracker.

Ages 10-11

YOUR CHILD CAN DU MORE WITH LESS ASTHMA

THE #1 PRESCRIBED
BIOLOGIC FOR ASTHMA¹

Approved for ages 6 years and up.

WHAT DUPIXENT CAN HELP DO:



Block a key source of
inflammation in the lungs



Reduce oral steroid use



Prevent
asthma attacks



Provide better breathing that
lasts

DID YOU KNOW?

In multiple clinical studies, children taking DUPIXENT saw improvements including:

- Less shortness of breath
- Less wheezing
- Not waking at night
- Increased ability to do daily activities

The relationship between DUPIXENT and these results was studied but not definitively proven.

The most common side effects in patients with asthma include injection site reactions, high count of a certain white blood cell (eosinophilia), pain in the throat (oropharyngeal pain), and parasitic (helminth) infections.

1. Data on file. Sanofi US. NBRx IQVIA data through [June 2025].

To learn more about DUPIXENT visit [DUPIXENT.com/asthma](https://www.dupilumab.com/asthma)

IMPORTANT SAFETY INFORMATION: Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Especially tell your healthcare provider if you are taking oral, topical, or inhaled corticosteroid medicines or use an asthma medicine. Do not change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.**

DUPIXENT[®]
(dupilumab) Injection
200mg • 300mg

Please see additional Important Safety Information throughout and the accompanying full Prescribing Information including Patient Information.

ANSWER KEY

No peeking! If you're ready to check your answers or want a hint, find them below.

Hidden Letters



Hidden B: On page 13, located on the tree



Hidden R: On page 3, located on the mailman's tote bag



Hidden E: On page 4, located on the dark green tree



Hidden A: On page 11, located on the swing set



Hidden T: On page 5, located on the balcony railing



Hidden H: On page 10, located on the pink stroller



Hidden E: On page 2, located on the brick of Sam's house



Hidden B: On page 1, located on the arm rest of their mom's chair



Hidden E: On page 6, located on the top of the tent



Hidden T: On page 12, located on the shirt of Sam's friend



Hidden T: On page 9, located on a billboard flyer



Hidden E: On page 7, located on the green vendor tent



Hidden R: On page 8, located on the vendor tent



Hey, grownups! Some things may make your child's asthma worse. These are called triggers—things like dust, pollen, pet dander, or even cold air can irritate their lungs and cause symptoms to flare up. Every child is different, so it's helpful to notice what seems to set off your child's asthma. Knowing their triggers can help you avoid them when possible.

ANSWER KEY

No peeking! If you're ready to check your answers or want a hint, find them below.

Spot the Sneaky Troublemakers



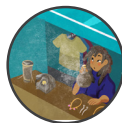
A child petting someone's dog
(pet dander)



Smoke/Exhaust coming from a food
truck (smoke/pollution)



Food Stand/Sausage Grill
(smoke from cooking)



Vintage items with a layer
of dust (dust)



A kid running (physical exertion)



A group of people during a 'color
run' (strong scent/smoke/chemical)



A woman putting on
perfume (strong scents)



A man opening a big freezer



A kid crying (strong emotions)



Cat knocking down an item
(pet dander)



A woman using a spray cleaner
(aerosol products)



A woman spraying insect repellent
on herself (aerosol product)

IMPORTANT SAFETY INFORMATION: DUPIXENT can cause serious side effects, including:

Allergic reactions. DUPIXENT can cause allergic reactions, including skin reactions, that can sometimes be severe. Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, skin rash, including rash that looks like a bullseye or painful red or blue bumps under the skin, general ill feeling, itching, swollen lymph nodes, nausea or vomiting, joint pain, or cramps in your stomach area.

Inflammation of your blood vessels. Rarely, this can happen in people with asthma who receive DUPIXENT. This may happen in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. Tell your healthcare provider right away if you have: rash, chest pain, worsening shortness of breath, brown or dark colored urine, persistent fever, or a feeling of pins and needles or numbness of your arms or legs.

Psoriasis. This can happen in people with asthma who receive DUPIXENT. Tell your healthcare provider about any new skin symptoms. Your healthcare provider may send you to a dermatologist for an examination if needed.

Joint aches and pain. Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

The most common side effects in patients with asthma include injection site reactions, high count of a certain white blood cell (eosinophilia), pain in the throat (oropharyngeal pain), and parasitic (helminth) infections.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT.

Do not try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUPIXENT be administered by or under supervision of an adult. In children 6 to less than 12 years of age, DUPIXENT should be given by a caregiver.

Please see additional Important Safety Information throughout and the accompanying full [Prescribing Information](#) including [Patient Information](#).



DUPIXENT and DUPIXENT MyWay are registered trademarks of Sanofi or an affiliate.

© 2026 Sanofi and Regeneron Pharmaceuticals, Inc. All Rights Reserved.

US.DUP.26.04.0623 May 2026

DUPIXENT[®] 
(dupilumab) Injection
200mg • 300mg