



# YOU DECIDED ON DUPIXENT. NOW WHAT?

**Daricha.**  
Actual DUPIXENT patient.  
Individual results may vary.

## INDICATION

DUPIXENT is a prescription medicine used to treat adults with prurigo nodularis (PN). It is not known if DUPIXENT is safe and effective in children with prurigo nodularis under 18 years of age.

## IMPORTANT SAFETY INFORMATION

Do not use if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

Please see Important Safety Information throughout and accompanying full [Prescribing Information](#) including [Patient Information](#) in envelope.

**DUPIXENT**<sup>®</sup>   
(dupilumab) Injection 300mg

# DUPIXENT<sup>®</sup>

(dupilumab) Injection 300mg

## LET'S GET STARTED

Some of the steps for getting DUPIXENT might be new to you. This guide can help you learn what's next so you can get DUPIXENT and start treatment for PN.

Review the steps, helpful tips, and resources below. You can use the checklist at the end to keep track as you complete each step.

### 1 ENROLL

DUPIXENT MyWay<sup>®</sup> is a patient support program designed to help you start DUPIXENT as quickly as possible and stay on track with treatment. Ask your doctor to help you sign up.

Our Support Team at DUPIXENT MyWay is here for you at every step. Just call **1-844-DUPIXENT (1-844-387-4936), option 1** to get in touch. Be sure to add DUPIXENT MyWay as a contact in your phone.

### 2 VERIFY

Your doctor's office or a **DUPIXENT MyWay Case Manager** can verify your insurance coverage for DUPIXENT.

Your insurance may need extra information from your doctor for approval. This is called a prior authorization and can take a little longer than you might be used to.

Regularly make sure your pharmacy has your current insurance info on file so you get your medication on time.

### 3 SCHEDULE

DUPIXENT requires special handling, delivery, and instructions. That's where specialty pharmacies come in.

They'll contact you to arrange delivery or provide pickup details. Save their name in your contacts so you'll recognize their call.

The specialty pharmacy won't send DUPIXENT until you've scheduled the delivery. **Confirm the delivery date and time.**

### 4 START TREATMENT

Your doctor will show you how to prepare and inject DUPIXENT. After receiving DUPIXENT, they might ask you to bring it to your next appointment for your first dose.

Plus, our **Nurse Educators can provide supplemental injection training** online, over the phone, or in person.

### MY PROGRESS TRACKER

Use the checklist below to help track each step as you go.

- Enroll** in the DUPIXENT MyWay patient support program
- Add DUPIXENT MyWay to my contacts:** text CONTACT to 69929
- Verify** coverage with my insurance provider
- Schedule** delivery or pick-up with my specialty pharmacy
- Get injection support** from my doctor and Nurse Educator

### IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have eye problems.
- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.
- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

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## IMPORTANT SAFETY INFORMATION (cont'd)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Especially tell your healthcare provider if you are taking oral, topical, or inhaled corticosteroid medicines or if you have PN and asthma and use an asthma medicine. Do not change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.**

**DUPIXENT can cause serious side effects, including:**

- **Allergic reactions. DUPIXENT can cause allergic reactions, including skin reactions, that can sometimes be severe.** Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, skin rash, including rash that looks like a bullseye or painful red or blue bumps under the skin, general ill feeling, itching, swollen lymph nodes, nausea or vomiting, joint pain, or cramps in your stomach area.
- **Eye problems.** Tell your healthcare provider if you have any new or worsening eye problems, including eye pain or changes in vision, such as blurred vision. Your healthcare provider may send you to an ophthalmologist for an eye exam if needed.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

The most common side effects in patients with prurigo nodularis include eye problems, including eye and eyelid inflammation, redness, swelling, itching, and blurred vision, herpes virus infections, common cold symptoms (nasopharyngitis), dizziness, muscle pain, and diarrhea.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider.

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### PREFER THE VIDEO?

Scan the QR code to watch a video about the info in this letter, or visit [DUPIXENT.com/nextsteps](http://DUPIXENT.com/nextsteps).

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