



# IT'S TIME TO TALK TO YOUR HEALTHCARE PROVIDER ABOUT YOUR NASAL POLYPS

DUPIXENT is a prescription medicine used with other medicines for the maintenance treatment of chronic rhinosinusitis with nasal polyps (CRSwNP) in adults and children 12 years of age and older whose disease is not controlled.

Living with nasal polyps can be difficult. DUPIXENT is the first FDA-approved biologic in CRSwNP and is not an immunosuppressant or a steroid. Talk to your healthcare provider about how DUPIXENT may help manage your symptoms.

## 1 SHARE YOUR SYMPTOMS

How often do the following symptoms impact your daily life?

### Nasal congestion

Never       Daily       Weekly       Monthly       Other: \_\_\_\_\_

### Fatigue

Never       Daily       Weekly       Monthly       Other: \_\_\_\_\_

### Facial pain/pressure

Never       Daily       Weekly       Monthly       Other: \_\_\_\_\_

### Difficulty falling asleep

Never       Daily       Weekly       Monthly       Other: \_\_\_\_\_

Has your sense of smell been affected?

Yes       No

## INDICATION

DUPIXENT is a prescription medicine used with other medicines for the maintenance treatment of chronic rhinosinusitis with nasal polyps (CRSwNP) in adults and children 12 years of age and older whose disease is not controlled. It is not known if DUPIXENT is safe and effective in children with CRSwNP under 12 years of age.

## IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

Please see additional Important Safety Information for DUPIXENT throughout.  
Please see accompanying full [Prescribing Information](#) including [Patient Information](#).

## Do you suffer from any of these conditions?

- Uncontrolled Moderate-to-Severe Asthma       Uncontrolled Moderate-to-Severe Eczema (atopic dermatitis)       Eosinophilic esophagitis (EoE)



**Ask your healthcare provider:**  
**DO I HAVE UNCONTROLLED NASAL POLYPS?**

## 2 CURRENT TREATMENTS

If you're having trouble managing symptoms, talk to your healthcare provider about your treatment options to see if there's a more appropriate choice for you.

## Which of these treatments are you currently using to manage your symptoms?

- Antibiotics       Saline rinses       Nasal steroids       Oral steroids



**Ask your healthcare provider:**  
**HOW DOES DUPIXENT WORK DIFFERENTLY FROM MY OTHER TREATMENTS?**

## How many times in the past year have you been prescribed oral steroids?

- 0 times       1-2 times       3-4 times       4+ times

## How many times do you take a nasal steroid spray?

- Never       Daily       Other: \_\_\_\_\_

## How many times have you had surgery for nasal polyps?

- 0 times       1-2 times       3-4 times       4+ times

## IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have eye problems.
- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.

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### 3 LIVING WITH NASAL POLYPS

Describe the emotional impact of living with your CRSwNP symptoms:

What daily activities would you hope to do more of with less nasal polyps?



**Ask your healthcare provider:**  
**HOW CAN I GET STARTED ON DUPIXENT?**

### START YOUR DUPIXENT JOURNEY

Take this form into the exam room and ask your healthcare provider about DUPIXENT. If you have additional questions before your appointment, you can call the *DUPIXENT MyWay*<sup>®</sup> support team at **1-844-DUPIXENT (1-844-387-4936), option 1.**

#### LEARN ABOUT DUPIXENT

Please visit [DUPIXENT.com](https://www.dupixent.com) for more information on how DUPIXENT may help manage your CRSwNP symptoms.



### IMPORTANT SAFETY INFORMATION (cont'd)

**Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you (cont'd):**

- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Please see additional Important Safety Information for DUPIXENT throughout.**

**Please see accompanying full [Prescribing Information](#) including [Patient Information](#).**



## IMPORTANT SAFETY INFORMATION (cont'd)

**Especially tell your healthcare provider if you** are taking oral, topical, or inhaled corticosteroid medicines or if you have CRSwNP and asthma and use an asthma medicine. **Do not** change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.

### **DUPIXENT can cause serious side effects, including:**

- **Allergic reactions. DUPIXENT can cause allergic reactions, including skin reactions, that can sometimes be severe.** Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, skin rash, including rash that looks like a bullseye or painful red or blue bumps under the skin, general ill feeling, itching, swollen lymph nodes, nausea or vomiting, joint pain, or cramps in your stomach area.
- **Eye problems.** Tell your healthcare provider if you have any new or worsening eye problems, including eye pain or changes in vision, such as blurred vision. Your healthcare provider may send you to an ophthalmologist for an eye exam if needed.
- **Inflammation of your blood vessels.** Rarely, this can happen in people with asthma who receive DUPIXENT. This may happen in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. Tell your healthcare provider right away if you get: rash, chest pain, worsening shortness of breath, brown or dark colored urine, persistent fever, or a feeling of pins and needles or numbness of your arms or legs.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

**The most common side effects in patients with CRSwNP include** injection site reactions, eye problems, including eye and eyelid inflammation, redness, swelling, itching, eye infection, and blurred vision, high count of a certain white blood cell (eosinophilia), stomach problems (gastritis), joint pain (arthralgia), trouble sleeping (insomnia), and toothache.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUPIXENT be administered by or under supervision of an adult.

Please see accompanying full [Prescribing Information](#) including [Patient Information](#).